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EXCERPT: 'Messages: The World's Most Documented Extraterrestrial Contact Story'

Read an excerpt from alleged alien abductee Stan Romanek's new book.

By ABC News

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Aug. 18, 2009 -- Stan Romanek, 46, belongs to a [growing community of believers who say they have been personally touched by extraterrestrials](#). Romanek says he has been abducted by other forms of life.

During Romanek's hypnotic regression therapy, which he uses to jog his memory about what he said were alien abductions, the former computer repair technician, now on disability, told ABC News he is severely dyslexic and had only a fifth grade math proficiency. Yet after his alleged abduction, he says he wrote high-order math equations with his eyes closed. Romanek says he has been told that the equations relate to space travel and planetary diagrams.

In his book, Romanek relives what he says are his personal experiences with extraterrestrials from UFO sightings to abductions, supported by his video, extensive photographs and equations.

Read an excerpt of his book below and you can also browse inside his new book [HERE](#).

I always felt that one of the more valuable pieces of evidence I have been given since this all began were the equations I have drawn, both in my sleep and while under hypnosis. While admittedly they're not as spectacular as some of the video footage I've caught, they have the advantage of being something that can be empirically tested by professionals.

In other words, while the authenticity of photos, video, EVPs and other such evidences can always be challenged, the equations cannot be hoaxed quite so easily -- especially if they contain some valid mathematical data.

What's most impressive about them, at least from my perspective, is what some of the scientists who have studied them have to say. I'm told they seem to be pointing toward ways to manipulate space in order to achieve interstellar travel, but they lack models to bring them all together into a coherent whole. In other words, they are complex enough to be genuine but are not complete enough to be usable. It would be like showing the Wright Brothers drawings of how to build a modern jet engine without a sample of what the final engine should look like or how it works. It's as if the ETs -- if, indeed, that's who is giving me these equations -- want to give us parts of the puzzle without providing the entire puzzle. Or, perhaps they have given us all the pieces but we simply don't know how to fit them together yet.

In any case, I thought I would put all the most recent equations I was given together into one chapter. I showed you some of the ones I drew early on already, and these are the rest that I've drawn (or, more correctly, been given) over the next couple of years, along with explanations of what I'm told they seem to mean.

The first one is one I drew in my sleep almost immediately after we moved from Colorado Springs to our new home in the summer of 2005. I never have any memory of writing them down, but when I wake up in the morning there they are, scribbled onto a pad of paper, lying on the bed. How I got the information in my head was beyond me.

Equation drawn while in my sleep, summer of 2005

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